



**"I am the Secret that World Champions rely on to get their head in the game"**

## **STUART WALTER**

**KEYNOTE SPEAKER**



**ELITE ATHLETES TRAIN...**

**5 HOURS A DAY**

**6 DAYS A WEEK**

**FOR 1 EVENT, THAT LASTS**

**10 SECONDS**

**EVERY 4 YEARS.**

**HOW DO THEY PERFORM AT THEIR BEST  
WHEN IT COUNTS?**

**OR... DO THEY LEAVE SUCCESS TO CHANCE?**

Now think about this approach to business. Many in business do zero training for an event that lasts 50 hours a week.

What records would you be breaking with a different approach in business and life?

The Secret behind 36 World Champions is now been revealed on the world's stage.

Stuart Walter is the Athlete's Secret Weapon, a specialist in peak performance mindset... Getting the best in the world 'in the zone' for the performance of their lives... when it counts.

Stuart is a specialist in understanding the human mind and how to work with it to achieve success.

**"The human mind is incredibly powerful and incredibly stupid, my natural ability to transform people using the power and resources they already have within them is my passion"**

Yes! finally someone showing you HOW to breakthrough and achieve, not just someone telling you WHAT to do.

**Take the guess work out of success, learn and apply the secrets that the elite have known about and kept hidden... until now.**

## **WHAT PEOPLE ARE SAYING ABOUT THE PRESENTATIONS AND STUART**

*He is SO talented at what he does, super intuitive and he approaches every person with what they need as an individual. He is honest, which is refreshing and challenging, but ultimately means that you will become a much better version of yourself. He is also a hilarious and engaging speaker and he truly and genuinely cares about every single person he meets. A phenomenal human.*  
**Monica Ferguson**

*Stuart has that innate ability to be able to connect with his clients and his fellow professionals in a way that is so profound, which in turn produces that extra special atmosphere. When working in groups or with an audience, his entertaining and relaxed personality is what makes the difference that the audience desires.*  
**Julie Robinson**

*"If you want to achieve success in life, you need to work with Stuart Walter. Stuart is a highly respected professional, highly skilled hypnotherapist who gets results. He is the leader in his field. His book "The Dear Diary Process" is essential reading. His seminars are excellent and engaging for all participants.*

**Mireille Ryan, CEO of the Social Media and Marketing Institute**

*'In the last year, I have had the privilege of witnessing Stuart lead extraordinary workshops for both a sporting (rugby, springboard diving, and multi-sport audience) and business audience on separate occasions. Stuart's energy, performance wisdom and impact on the participants was amazing. No one leaves his events the same person that they began. His combination of high-performance theory, neuro-linguistic programming, hypnotherapy and his sheer belief in the potential of his audience is mesmerising.*

**Chris Miller, Chris Miller Coaching, Wellington New Zealand**



**STUART HAS DIRECTLY IMPACTED THE LIVES OF 8500 THOUSAND PERSONAL CLIENTS OVER 13 YEARS THROUGH HIS 130+ SPEAKING GIGS TO AUDIENCES OF OVER OF 25,000 AND WITH SALES OF HIS PUBLISHED BOOK PEOPLE IN AUSTRALIA, NEW ZEALAND, EUROPE, CANADA AND THE USA.**

Highly respected as an authority for developing systems and strategies for accelerated and lasting transformations. Stuart is sought after by sports coaches, elite athletes and business owners for mindset success training.

Place Stuart on a stage in front of an audience and he really shines, the ability to connect and empower a crowd must be seen to be believed. Laughter, motivation and tears always the result as he uses his natural abilities to get the elite breaking through the mental barriers to success.

*"I am not a fan of the over hyped motivational types telling you to push harder, grind 24/7 and sacrifice life for money.*

*I am supportive, encouraging and ruthless when I need to get people to believe in themselves.*

*I expose the deeper fundamentals of the human mind, I shed light on what we do and why. This understanding of why we self-sabotage, why we have fears and how we can overcome these deeper programs... to achieve incredible success in your life."* Stuart Walter



ELITE MINDSET  
INSTITUTE



**FOR FURTHER INFORMATION TO REQUEST  
A MEETING OR TO CONNECT  
WITH STUART,  
PLEASE VISIT [WWW.STUARTWALTER.COM](http://WWW.STUARTWALTER.COM)**

## KEY TAKEAWAYS

Attendees... being CEO's, leaders, management through to teams and each individual will benefit from each tailored presentation

The awareness of their own internal power will surprise

Motivation comes from within, the path will be open and flowing when the presentation is over

Understanding every reaction and deliberate response will give clarity  
Once Stuart has stretched your mind, you can never go backwards



## FOR THE AUDIENCE

Understand the human mind at the deepest level

Become aware of the 1 thing that generally stops us

Actively engage in re-wiring your brain based by looking into the future

Upgrade your dreams to maximise your performance

Focus on your #1 asset... You.

Leave with the tools to keep breaking through the mental barriers

You will be empowered to change the way you think, act, behave and communicate in a way that empowers others